



www.BrookeOK.com

No Eggs No Nuts No Peanuts Shopping List

Labels change.

Always read labels.

Stop & Shop, Hannaford's and Shaw's

Beverage	Apple & Evans White Grape Juice
Beverage	Canada Dry Ginger Ale
Beverage	Diet Coke
Beverage	Fiji Water
Beverage	Hood 2% Milk
Beverage	Tropicana Orange Juice + Calcium
Beverage	Welch's Grape juice
Fruit & Veb	Roschti Potato
Fruit & Veg	Alexia Fries
Fruit & Veg	Black Pearl Sliced Olives
Fruit & Veg	Green Giant sliced mushrooms
Fruit & Veg	Sunmaid Raisins
Fruit & Veg F	Boston Lettuce
Meal	Amy's Pesto Tortellini
Meal	Annie's Homegrown Mac& Cheese
Meal	Arrowhead Mills Buttermilk Pancake Mix
Meal	Bar Harbor Lobster Bisque
Meal	Decco Farfalle
Meal	Decco Fusilli
Meal	Decco Rigatoni
Meal	Quaker Oats Captain Crunch
Meal	Quaker Oats Dinasauro Eggs
Meal	Roschti Gratin Dauphin
Misc	Alexia 3 Cheese Foccacia

Misc	Alexia French Rolls
Misc	Boboli pizza crust
Misc	Cain Hamburger Dill Pickles
Misc	Fleischmann's margarine
Misc	Hood Cottage Cheese
Misc	Hood Sour Cream
Misc	Kate's Homemade Butter-Unsalted
Misc	Ken's Italian Salad Dressing
Misc	Land O'Lakes Butter
Misc	Martin's Potato Bread
Misc	Martin's Whole Wheat Bread
Misc	Muir Glen Ketchup
Misc	Oscar Meyer Bacon
Misc	Pacific Beef Broth
Misc	Pacific Chicken Broth
Misc	Pepperidge Farm Mini-Bagels
Misc	Philly Whipped Cream Cheese
Misc	Stouffer Red Raspberry Jam
Misc	Sue Bee Honey
Snack	Amy's Cheese Pizza Snacks
Snack	Bach JAX Cheese twists
Snack	Breton Original Crackers
Snack	French's Potato Sticks
Snack	Fruitabu Smooshed Apple, Grape, Apricot, Strawberry, Raspberry
Snack	Hershey's Chocolate Chips
Snack	Hershey's Kisses
Snack	Horizon Tube Yogurt
Snack	Kraft Marshmallows
Snack	Lays Fritos
Snack	Lays Potato Chips
Snack	Luigi Italian Ice
Snack	Minute Maid Fruit Snacks
Snack	Motts Natural Apple Sauce
Snack	Old London Melba Snacks
Snack	Pepperidge Farm Cheddar Cheese Gold Fish
Snack	Pop Tarts- Cinnamon
Snack	Pop Tarts- Frosted Raspberry
Snack	Sunshine Cheez-its

Hannaford's does not require customers to carry a "discount card" in order to avoid being overcharged.

Whole Foods

Beverage	Whole Foods Grape Juice
Beverage	Whole Foods Organic Milk
Fruit & Veg	365 Apple Sauce Unsweetened
Fruit & Veg	Alexis Hash Brown Potatoes
Fruit & Veg	Alexis Onion Rings
Fruit & Veg	Alexis Yukon Potatoes
Fruit & Veg	Apples
Fruit & Veg	Artichokes
Fruit & Veg	Asparagus
Fruit & Veg	Bananas
Fruit & Veg	Blueberries
Fruit & Veg	Broccoli
Fruit & Veg	Broccolini
Fruit & Veg	Cantaloupe
Fruit & Veg	Carrots
Fruit & Veg	Cauliflower
Fruit & Veg	Fruit Salad
Fruit & Veg	Good Health Veggie Sticks
Fruit & Veg	Grapes
Fruit & Veg	Honeydew Melons
Fruit & Veg	Mesclun Lettuce
Fruit & Veg	Mushrooms-Button
Fruit & Veg	Mushrooms-Shitake
Fruit & Veg	Onions
Fruit & Veg	Oranges
Fruit & Veg	Pears
Fruit & Veg	Peppers
Fruit & Veg	Raspberries
Fruit & Veg	Santa Cruz Organic Apple Sauce
Fruit & Veg	Tomatoes
Fruit & Veg	Whole Foods Shoe String Potato Fries
Meal	365 Organic Pasta Rings
Meal	365 Tuna
Meal	Amy's Organic Cream of Mushroom Soup
Meal	Amy's Tortellini
Meal	Annie's Homegrown All Stars
Meal	Annie's Homegrown Bernie O's
Meal	Annie's Homegrown Cheesy Ravioli
Meal	Annie's Homegrown Creamy Tuna Spirals
Meal	Annie's Homegrown Mac& Cheese
Meal	Annie's Homegrown Mac& Cheeseburger

Meal	Beef
Meal	Bell & Evans Chicken
Meal	DeCecci Pastas Spaghetti, linguini, etc.
Meal	Erewhorn Apple Cinnamon Oatmeal
Meal	Erewhorn Maple Spice Oatmeal
Meal	Ground Beef 85% lean
Meal	Ian's Chicken Nuggets
Meal	Ian's Kids Nuggets Dinner (Brownie has eggs)
Meal	Ian's Kids Pizza Dinner
Meal	Iggy's Onion Longuette
Meal	Imagine Lobster Bisque
Meal	Natural Sea Clam Strips
Meal	Natural Sea Fish Fillet
Meal	Natural Sea Fish Sticks
Meal	Natural Sea Tuna Casserole
Meal	Pork
Meal	Shrimp
Meal	Veal
Meal	Whole Foods Kids Waffles Mini
Misc	365 Ketchup
Misc	Butterworks Farm Cream
Misc	Eden Select Shoyu Organic Soy Sauce
Misc	Garlic
Misc	Geo Watkins Mushroom Ketchup
Misc	Imagine Beef Broth
Misc	Lemons
Misc	Meyer Lemons
Misc	Pacific Natural Foods Beef Broth
Misc	Pacific Natural Foods Chicken Broth
Misc	Parsley
Misc	Purit Ghee
Misc	Rao's Marinara Sauce
Misc	Rao's Whole Canned Tomatoes
Misc	Scallions
Misc	Shallots
Snack	Amy's Apple Pie
Snack	Shrimp California Rolls
Snack	Strawberries
Snack	Whole Foods Raisin Snacks

Trader Joe's

Beverage	Fiji Water
Fruit & Veg	Cheddar Potatoes Au Gratin
Fruit & Veg	Garlic Mashed Potatoes
Fruit & Veg	Mushroom turnovers
Fruit & Veg	Organic White Jasmine Rice
Fruit & Veg	TJ's Frozen Petite Peas
Fruit & Veg	Toasted Apples
Fruit & Veg	Weston Hash Brown Potatoes
Meal	Bay Scallops
Meal	Empire Chicken
Meal	French Onion Soup
Meal	Frozen Italian Style Meatballs
Meal	Organic 3 Cheese Frozen Italian Pizza
Meal	Organic 4 Cheese Frozen Italian Pizza
Meal	Pizza Dough Ready to Bake
Meal	Pizza Pita with Tomato Basil
Meal	Shrimp, Raw Freshwater Frozen
Meal	Sockeye Frozen Salmon Steaks
Meal	Steel Cut Oatmeal-microwavable
Meal	Tarte D'Alsace Lorraine with Ham Frozen Pizza
Meal	Tilapia Fillets
Meal	TJ's Chicken Pot Pie
Meal	TJ's Cream of Asparagus Soup
Meal	TJ's Cream of Mushroom Soup
Meal	TJ'S French Onion Soup
Meal	TJ's Lobster Bisque
Misc	Blueberry Syrup
Misc	Crumbled Feta Cheese with Mediterranean Herbs
Misc	Florida Crystals Sugar
Misc	Havarti Cheese
Misc	Jarlsberg Cheese
Misc	Marsala Wine Sauce with Mushrooms
Misc	Pizza Dough Garlic Herb
Misc	Soy Vey Teriyaki
Misc	Swiss Madrigal Cheese
Misc	TJ's Cheese and Garlic Croutons
Misc	TJ's Seafood Cocktail Sauce *
Misc	Vanilla Beans
Snack	Apple Cinnamon Tart
Snack	Breton Multi Grain Crackers
Snack	Teriyaki Beef Jerky

*** made in a facility that processes egg.**

[Idylwilde Farms](#)

Beverage	Oak Knoll Goat's Milk
Fruit & Veg	Apples
Fruit & Veg	Blood oranges
Fruit & Veg	Blueberries
Fruit & Veg	Carrots
Fruit & Veg	Cremini mushrooms
Fruit & Veg	Empire Apples
Fruit & Veg	Lemons
Fruit & Veg	Mushrooms
Fruit & Veg	Oranges
Fruit & Veg	Pears
Fruit & Veg	Scallions
Fruit & Veg	Shallots
Fruit & Veg	Snow Peas
Fruit & Veg	Yukon potatoes
Meal	Annie's (canned) Pasta(s)
Meal	Aristocrat Turkey Pie
Misc	Garlic
Snack	Brown Cow vanilla yogurt
Snack	Tom Tasty Kettle Popped Corn

The produce at Idylwilde is second to none.

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